

CURRICULUM VITAE

Steven M. Horwitz, D.C., C.C.S.P., C.S.C.S.

OCCUPATIONAL HISTORY

Founder, Worldwide Sports Safety LLC – TeamSafe@Sports, Rockwall, TX, 2016 – present
Owner, Dallas Sports Academy, Rockwall, TX, 2013 – present
Owner, Chiropractor, Capital Sports Injury Center, Silver Spring, MD, 1988 – 2013
Chiropractor, North Bergen Chiropractic Associates, Ridgefield, NJ, 1987 – 1988
Chiropractor, Southwest Chiropractic Clinic, Chicago, IL, 1986 – 1987

EDUCATION

Doctor of Chiropractic, National University of Health Sciences, Lombard, IL, 1986
Bachelor of Science, Basic Sciences, National University of Health Sciences, Lombard, IL, 1984
Bachelor of Arts, History, Cornell University, Ithaca, NY, 1982

LICENSURE/BOARD CERTIFICATION

Doctor of Chiropractic, State of Texas, License # 12488
Special Purposes Examination for Chiropractic (SPEC), 2013
National Board of Chiropractic Examiners, Part II, 1986
National Board of Chiropractic Examiners, Part I, 1985

PROFESSIONAL/SPORTS CERTIFICATIONS

Designated Doctor, Texas Department of Insurance, 2020 – Present
BLS & First Aid Instructor 1985 - Present
Stop The Bleed Instructor, 2019
FIFA Diploma in Football Medicine, 2017
Progressive Calisthenics Certification, 2015
RKC Kettlebell Certification, 2014
Active Release Technique Full Body Certified 1999 - 2013
CGFI Medical Professional Level 2, 2012
CGFI Level 1, 2011
Dry Needling, 2011
Functional Movement Screen Certification, 2010
USA Track and Field Level 1 Coach Certification, 2010
Kinesio Taping® - K1 and K2, 2006
Certified USA Weightlifting Club Coach, USA Weightlifting, 2004

Graston Technique: Module 1 & II, 2002

Certified Chiropractic Sports Physician, New York Chiropractic College, 1988

Certified Strength & Conditioning Specialist, National Strength & Conditioning Association, 1988

APPOINTMENTS/SPECIAL ASSIGNMENTS

Momsteam.com, Panel of Experts, Waltham, MA, 2004 – present

Maryland State Athletic Trainers Advisory Committee, Baltimore, MD, 2010 – 2011

Maryland State Director, National Strength and Conditioning Association, 2004 - 2010

Maryland State Advisory Council on Physical Fitness, Member 1996 – 2002, Chairman 2002 - 2004

United States Olympic Team Medical Staff, 1996, Games of the XXVI Olympiad, Atlanta, GA

Jr. Pan American Track and Field Championships, Team Chiropractor, Havana, Cuba, 1997

CONTINUING EDUCATION PROVIDER

Brain Injury – Concussion in Youth Sports, NACATexas.com

The Sideline Doc – Before the Ambulance Arrives, NACATexas.com

The Pediatric Athlete, NACATexas.com

PROFESSIONAL SPEAKING ENGAGEMENTS

Horwitz, S. M. (2023) Reported Causes of Death During Youth Sports Participation, 2016-2021. PRiSM 10th Annual Meeting, Denver, CO.

Horwitz, S. M. (2013, March). Antioxidants, Periodontal Disease and Systemic Health. Symposium conducted for the Maryland Dental Hygiene Association, Rockville, MD.

Horwitz, S. M. (2009, July). Weight Training: Bridging the Gap between Injury Prevention and Physical Performance. Symposium conducted at the meeting of the Montgomery County Public Schools, Department of Curriculum and Instruction, Health and Physical Education Summer Leadership Program, Gaithersburg, MD.

Horwitz, S. M. (2008, October). Bridging the Gap between Injury Prevention and Physical Performance. Symposium conducted at the Maryland Association for Health, Physical Education, Recreation and Dance Convention, Baltimore, MD.

Horwitz, S. M. (2006, October). Strength and Conditioning for the Physical Educator, Dynamic Warm-up and Stretching Myths, Anabolic Steroid Abuse. Symposium conducted at the Maryland Association for Health, Physical Education, Recreation and Dance Convention, Baltimore, MD.

PUBLICATIONS

Horwitz, SM. *Reported Causes of Death During Youth Sports Participation, 2016 – 2021*. Abstract.

PRiSM, Scientific Session 7: Injury Prevention/Specialization, February 2023.

Horwitz, S., Anderson, N., Naidoo, R., *Return to Learn (RTL) and Return to Sport (RTS) Protocols for Youth Athletes and Our Proposed Coordinated Return Protocol*, [British Journal of Sports Medicine Blog post](#), (2018)

Zartman, S, Weil, R. #HeySportsParents! An Essential Guide For any Parent with a Child In Sports. Hermosa Beach, CA: Spoilers Press 2018, Youth Sports Safety: 141-147

AWARDS AND HONORS

PRiSM (Pediatric Research in Sports Medicine Society) Hank Chamber Award for Best Scientific Presentation – Injury Prevention and Motion Analysis, 2023

Top Sports Medicine Experts, Washingtonian Magazine, 1995, 2010

Guide to America's TOP CHIROPRACTORS, Consumer's Research Council of America, 2006

Governor's Citation, Robert Ehrlich, Governor, 2004

Presidential Citation Award, National College of Chiropractic, 1997

Certificate of Appreciation, National College of Chiropractic, 1997

Olympic Treasures Museum Display, Maryland Historical Society, 1997

United States Olympic Team Medical Staff, Games of the XXVI Olympiad, Atlanta, GA, 1996

Governor's Citation, Paris Glendening, Governor, 1996

Outstanding Achievement Award, Maryland Chiropractic Association, 1996

PROFESSIONAL MEMBERSHIPS

National Strength and Conditioning Association, CSCS Certified

United States Olympic Sports Medicine Society

Federation Internationale Chiropractique Sportive

COMMUNITY SERVICE

The Jordan McNair Foundation, Sports Medicine Advisory Board, 2020 -Present

Adaptive Training Foundation, Volunteer: Training and Performance, Dallas, TX 2015 – 2018

Endeavor Games, Volunteer Performance Coach, Edmund, OK, 2017

Texas Regional Paralympic Sports Games, Volunteer Performance Coach, San Antonio, TX, 2017